

## Reading Comprehension pg 66. ANSWER KEY

Exercise 2;

1,, his new fitness challenge.

2. He lives in Mexico, he used to be a couch potato, he wants new ideas to get fit.

Exercise 3.

1. He's most positive about the military programme.

Exercise 4.

1. Military fitness programme. (When I saw my first class in the park, I thought.....

2. Mexican tribal dancing. (I probably would have got fitter if I had joined-----

3. Mexican tribal dancing ( I couldn't avoid spraining an ankle.

4. Beach volleyball. (Competitive beach volleyball is actually very fast...

Exercise 5 POSSIBLE ANSWERS

1. A blog reader shouldn't suggest football because Raúl thinks it's boring.

2. Raúl didn't enjoy playing beach volleyball because it was too tiring.

3. Military training might be good for slimming because Raúl lost half a kilo.

4. The costumes for Mexican tribal dancing cause problems because men wear very long shoes, so it is easy to fall over

Exercise 6.

1. Take up

2. Demanding

3. Shouted

4. Incredibly.

Synonyms

1. Former

2. Actually

3. Exhaustion

4. Huge

5. Overcoming

6. Blend

7. sprain

