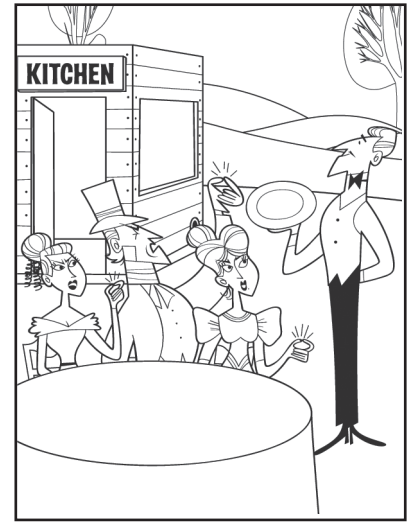




1 Remember the story. Read and match.

- | | | | |
|---|----------------------|---|------------------------|
| 1 | It's lunchtime | a | special food. |
| 2 | Everyone is | b | very friendly. |
| 3 | Tony the cook is | c | in the film studio. |
| 4 | The stars aren't | d | cooking food. |
| 5 | The stars don't | e | to the other actors. |
| 6 | They would like | f | like the food. |
| 7 | Lenny gives the food | g | and it's time to work! |
| 8 | The stars are hungry | h | very hungry. |

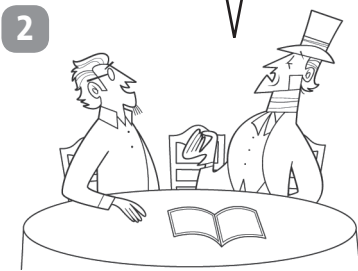


2 Look and write.

We'd like some fish.
We don't like sausages
or carrot. We'd like some
milk. We don't like juice.

We'd like some chicken.
We don't like sandwiches
or carrots. We'd like some
biscuits. We don't like juice.

We'd like a burger.
We don't like fish or peas.
We'd like some juice.
We don't like biscuits.



Menu A	Menu B	Menu C	Menu D	Menu E	Menu F

Menu B is for table 1. They'd like some fish, _____ and _____.

Menu _____ is for table 2. They'd like _____, _____ and _____.

Menu _____ is for table 3. They'd like _____, _____ and _____.

3 Look at the menus. Talk with a friend.

I'd like chicken, peas and biscuits. Menu D.



1 Find and circle. Write the words.

s	e	e	f	s	c	s	b	t
a	o	n	i	o	n	s	i	n
i	p	r	s	t	o	a	s	t
o	c	s	h	p	c	u	c	o
b	u	r	g	e	r	s	u	c
a	p	m	e	a	t	a	i	h
p	g	n	p	s	h	g	t	i
p	o	t	a	t	o	e	s	p
c	a	r	r	o	t	s	r	s
b	e	a	n	s	q	a	b	t

1



toast

2



3



4



5



6



7



8



9



10



11



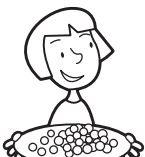

12





2 Circle.

- 1 I'd like some / a chips.
- 2 I'd like some / a biscuit.
- 3 I'd like some / a meat.
- 4 I'd like some / a sausage.
- 5 I'd like some / a potatoes.
- 6 I'd like some / a burger.
- 7 I'd like some / a beans.
- 8 I'd like some / a carrots.



3 Write. Then draw and write.



1  Would you like some peas? 

No, thank you.

2  Would 

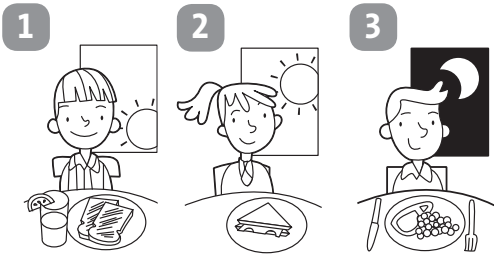
Yes,

3  

4  



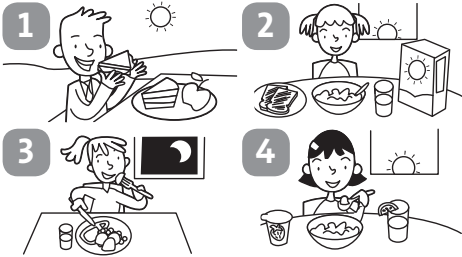
1 Match.



- 1 I have breakfast in the afternoon.
- 2 I have lunch in the morning.
- 3 I have dinner in the evening.

- I have meat and peas.
- I have a sandwich.
- I have toast and juice.

2 Look. Correct the words in bold.



- 1 I have lunch in the **morning**.
- 2 I have breakfast in the **afternoon**.
- 3 I have **lunch** in the evening.
- 4 I have **dinner** in the morning.

afternoon

3 Write questions and answers.

1

When do you have breakfast?
 I have breakfast in the morning.

What do you have for breakfast?
 I have toast and juice for breakfast.

2

When _____ lunch?

What _____ lunch?

3

_____ dinner?

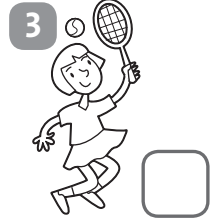


Learn more!

We need to do four things to be healthy:

- 1 Eat a balanced diet with lots of fruit and vegetables. A balanced diet includes proteins, carbohydrates, calcium, vitamins, fats and sugar.
- 2 Drink lots of water.
- 3 Do exercise.
- 4 Rest.

1 Tick (✓) the children who are healthy.



2 Look, read and tick (✓).

fats and sugar	✓	✓	✓
protein			
calcium			
carbohydrates			
vitamins			

3 Write.

milk chocolate meat fish potatoes cheese cereal
yoghurt oranges eggs carrots bread apples

- 1 Foods with calcium are milk, _____ and _____.
- 2 Foods with carbohydrates are _____, _____ and _____.
- 3 Foods with vitamins are _____, _____ and _____.
- 4 Foods with protein are _____, _____ and _____.
- 5 A food with sugar is _____.

4 Match

- | | | | |
|---|------------------|---|---------------------|
| 1 | You need cheese | a | for energy. |
| 2 | You need bread | b | for strong bones. |
| 3 | You need oranges | c | for strong muscles. |
| 4 | You need eggs | d | for vitamins. |